


		12h-13h	13h-14h	14h-15h	15h-16h	16h-17h	17h-18h	18h-19h	19h-20h	20h-21h	21h-22h		
LUNDI													
Gymnase (gym)		BODY-SCULPT											
Gymnase (omnisports)		TENNIS DE TABLE - BADMINTON											
Gymnase (danse)		YOGA FIT							MULTIBOXES				
Musculation LAVOISIER							MUSCULATION						
Stade Bois de l'étang							FOOTBALL MASCULIN AS			RUGBY MASCULIN AS			
Base de loisirs							COURSE D'ORIENTATION/ESCALADE						
ESIEE							HAND M AS			BASKET M AS			
Stade Bois de l'étang											RUGBY FÉMININ AS		
MARDI													
Gymnase (danse)							T.B.C.	STRETCHING					
Gymnase (gym)	PILOXING												
Gymnase ESIEE						VOLLEY F + AS			FUTSAL AS				
Stade Bois de l'étang						FOOTBALL FÉMININ + AS							
Musculation LAVOISIER	MUSCULATION												
TC CHAMPS	TENNIS												
MERCREDI	MATINÉE												
Gymnase (gym)		PILATES	FELDENKRAIS										
Gymnase (danse)		TABATA							TAEKWONDO				
Musculation LAVOISIER	MUSCULATION 10h > 15h												
Gymnase ESIEE						HANDBALL FÉMININ AS							
Campus de l'université	Course à pieds 7h30>9h												
Gymnase (omnisports)		TENNIS DE TABLE						VOLLEY	BADMINTON	VOLLEY M AS			
JEUDI													
Gymnase (omnisports)		ULTIMATE											
Gymnase (gym)		BODY-SCULPT							GYMNASTIQUE				
Gymnase (danse)		KRAV MAGA							HIP HOP				
Gymnase ESIEE		ESCALADE AS											
Musculation LAVOISIER					MUSCULATION								
Golf de Bussy				GOLF (15 €/séance)									
VENDREDI													
Gymnase (danse)		ABDOS FESSIERS	STRETCHING				CHEERLEADERS						
Gymnase (omnisports)		FUTSAL					BADMINTON		BASKET F + AS		BASKET		
Gymnase (gym)		GYMNASTIQUE											
Musculation LAVOISIER					MUSCULATION								

