


		12h-13h	13h-14h	14h-15h	15h-16h	16h-17h	17h-18h	18h-19h	19h-20h	20h-21h	21h-22h		
<b>LUNDI</b>													
Gymnase (gym)		BODY-SCULPT											
Gymnase (omnisports)		TENNIS DE TABLE - BADMINTON											
Gymnase (danse)		YOGA FIT							MULTIBOXES				
Musculation LAVOISIER							MUSCULATION						
Stade Bois de l'étang								FOOTBALL MASCULIN AS		RUGBY MASCULIN AS			
Base de loisirs								COURSE D'ORIENTATION/ESCALADE					
ESIEE								HAND M AS		BASKET M AS			
Stade Bois de l'étang							RUGBY FÉMININ AS						
<b>MARDI</b>													
Gymnase (danse)							T.B.C.	STRETCHING					
Gymnase (gym)	PILOXING												
Gymnase ESIEE							VOLLEY F + AS		FUTSAL AS				
Stade Bois de l'étang							FOOTBALL FÉMININ + AS						
Musculation LAVOISIER	MUSCULATION												
TC CHAMPS	TENNIS												
<b>MERCREDI</b>	<b>MATINÉE</b>												
Gymnase (gym)		PILATES	FELDENKRAIS										
Gymnase (danse)		TABATA						TAEKWONDO					
Musculation LAVOISIER	MUSCULATION 10h > 15h												
Gymnase ESIEE							HANDBALL FÉMININ AS						
Campus de l'université	Course à pieds 7h30>9h												
Gymnase (omnisports)		TENNIS DE TABLE					VOLLEY	BADMINTON	VOLLEY M AS				
<b>JEUDI</b>													
Gymnase (omnisports)		ULTIMATE											
Gymnase (gym)		BODY-SCULPT							GYMNASTIQUE				
Gymnase (danse)		KRAV MAGA						HIP HOP					
Gymnase ESIEE		ESCALADE AS											
Musculation LAVOISIER					MUSCULATION								
Golf de Bussy				GOLF (15 €/séance)									
<b>VENDREDI</b>													
Gymnase (danse)		ABDOS FESSIERS	STRETCHING				CHEERLEADERS						
Gymnase (omnisports)		FUTSAL					BADMINTON	BASKET F + AS		BASKET			
Gymnase (gym)		GYMNASTIQUE											
Musculation LAVOISIER					MUSCULATION								